

Conditions Targeted by Medicaid Health Homes

States can improve care coordination and care management for Medicaid beneficiaries with complex needs by creating health homes. Health homes integrate physical and behavioral health services (both mental health and substance abuse) and long-term services and supports for high-need, high-cost Medicaid populations. As of November 2016, there are 29 approved health home models in 20 states and the District of Columbia.¹ States may target health home services to individuals with: (1) two chronic conditions; (2) one chronic condition and risk for a second; or (3) a serious mental illness. The following table lists the conditions targeted by each health home model. For more information on the specifics of conditions included or excluded by states, refer to the text of the state plan amendments.²

State/Model	SMI/ SED	Chronic Conditions																						
		Mental Health Conditions*	Substance Use Disorder*	Asthma*	Diabetes ^{3*}	Heart Disease ^{4*}	BMI over 25 ^{5*}	Cancer	Cerebrovascular Disease	COPD	Dementia ⁶	Gastrointes ^{tnal} disease ⁷	Hematologic conditions	Hepatitis B or C	HIV/AIDS	Hyperlipidemia	Hypertension	I/DD	Musculoskeletal Conditions ⁸	Neurological Conditions ⁹	Renal Disease ¹⁰	Sickle Cell Anemia	Other	Other Conditions Targeted
Alabama : Chronic conditions and SMI	X	X	X	X	X	X	X	X		X				X	X							X	X	transplants
Connecticut : SMI	X																							
District of Columbia : SMI	X																							
Idaho : Chronic conditions and SMI	X	X		X	X																			
Iowa : Chronic conditions		X	X	X	X	X	X	X									X							
Iowa : SMI/SED ¹¹	X																							
Kansas : SMI	X																							
Maine : Chronic conditions		X	X	X	X	X	X			X						X	X	X		X			X	tobacco use, seizure disorders, and cardiac and circulatory congenital abnormalities
Maine : SMI/SED	X																							
Maryland : SMI & SUD	X		X																				X	opioid dependency only
Michigan : SMI/SED	X																							
Minnesota : SMI/SED	X																							
Missouri : Chronic conditions		X	X	X	X	X	X											X					X	tobacco use

State/Model	SMI/ SED	Chronic Conditions																						
		Mental Health Conditions*	Substance Use Disorder*	Asthma*	Diabetes ^{3*}	Heart Disease ^{4*}	BMI over 25 ^{5*}	Cancer	Cerebrovascular Disease	COPD	Dementia ⁶	Gastrointestinal disease ⁷	Hematologic conditions	Hepatitis B or C	HIV/AIDS	Hyperlipidemia	Hypertension	I/DD	Musculoskeletal Conditions ⁸	Neurological Conditions ⁹	Renal Disease ¹⁰	Sickle Cell Anemia	Other	Other Conditions Targeted
Missouri : SMI	X	X	X																					
New Jersey : SMI (adults)	X																							
New Jersey : SED (children)	X																							
New Mexico : SMI/SED	X																							
New York : Chronic conditions and SMI	X	X	X	X	X	X	X		X	X	X				X		X				X		X	congestive heart failure, eating disorders, alcohol dependency, and alcoholic liver disease
North Carolina : Chronic conditions					X	X	X	X			X		X				X		X	X			X	blindness, congenital anomalies, chronic endocrine and metabolic disease, chronic infectious disease, chronic mental and cognitive conditions not including mental illness or developmental disability
Ohio : SMI	X																							
Oklahoma : SMI (adults)	X																							
Oklahoma : SED (children)	X																							
Oregon : Chronic conditions and SMI	X	X	X	X	X	X	X	X		X				X	X						X			
Rhode Island : Chronic conditions and SMI	X	X		X	X													X					X	seizure disorders
Rhode Island : SMI	X																							
Rhode Island : SUD			X																				X	opioid dependency only
South Dakota : Chronic conditions and SMI	X	X	X	X	X	X	X			X							X		X					
Vermont : SUD			X																				X	opioid dependency only
Washington : Chronic conditions		X	X	X	X	X		X	X	X	X	X			X			X	X	X	X			
West Virginia : Chronic conditions																							X	bipolar disorder at risk for hepatitis B and/or C
Wisconsin : HIV/AIDS															X									

BMI = body mass index

COPD = chronic obstructive pulmonary disease

I/DD = intellectual/developmental disability

N/A = not applicable

SED = serious emotional disturbance

SMI = severe mental illness

* The health homes statute specifically lists SMI, mental health conditions, substance use disorder, asthma, diabetes, heart disease, and BMI over 25 as being chronic conditions. States may target other chronic conditions of their choice.

¹ Idaho, Kansas, and Oregon had Medicaid health home programs, but withdrew their SPAs and are no longer providing services under the 2703 option.

² For a list of all approved health home state plan amendments, see the Health Home Information Resource Center. Available at: <http://www.medicaid.gov/state-resource-center/medicaid-state-technical-assistance/health-homes-technical-assistance/approved-health-home-state-plan-amendments.html>.

³ Diabetes includes other endocrine disease.

⁴ Heart disease includes all cardiovascular disease including peripheral vascular disease.

⁵ Or above the 85th percentile in pediatric populations.

⁶ Dementia includes Alzheimer's disease.

⁷ Gastrointestinal disease includes chronic alimentary system disease.

⁸ Musculoskeletal conditions include back and neck pain and other chronic pain syndromes.

⁹ Neurological conditions also includes traumatic brain injury.

¹⁰ Renal disease includes kidney failure.

¹¹ Iowa includes children with SED who have co-occurring substance use disorders, learning disorders, or intellectual disorders.